

**Pre-Post Inventory
PRETEST**

NAME: **Example Report**
 AGE: **44** SEX: **Male**
 ETHNICITY/RACE: **Caucasian**
 EDUCATION/ GRADE: **12**

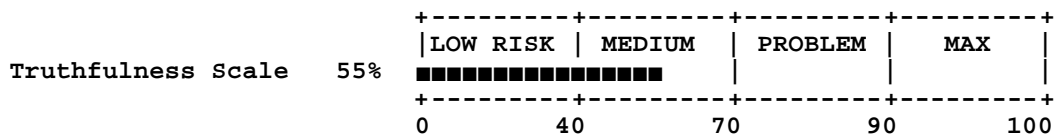
CONFIDENTIAL INFORMATION
 DATE OF BIRTH: **08/18/1966**
 MARITAL STATUS: **Single**
 DATE SCORED: **02/10/2015**

Pre-Post Inventory results are confidential and are considered working hypothesis. No diagnosis or decision should be based solely upon Pre-Post Inventory results. Pretest results become the baseline for subsequent posttest comparison.

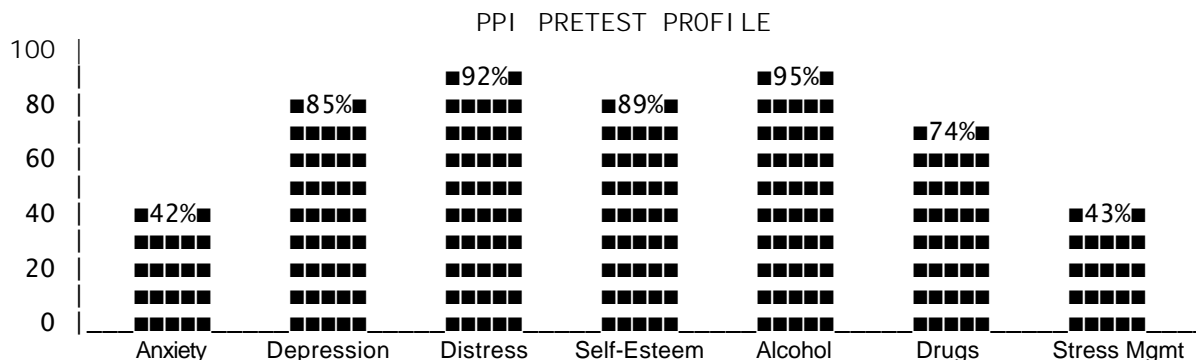
There are several levels of Pre-Post Inventory scale interpretation. The Pre-Post Inventory pretest (first test administration) may be viewed as a self-report and attention may be focused upon scale scores, interpreting scale elevations and understanding scale interrelationships. Here we are interested in pretest scale severity.

PRETEST SCALES

Truthfulness Scale: This client's Truthfulness Scale score is in the medium risk (40 to 69th percentile) range. Medium risk scorers have a tendency to minimize or deny common problems, yet their Pre-Post Inventory and the scales contained therein are accurate and valid. This individual's Pre-Post Inventory scale scores are accurate.

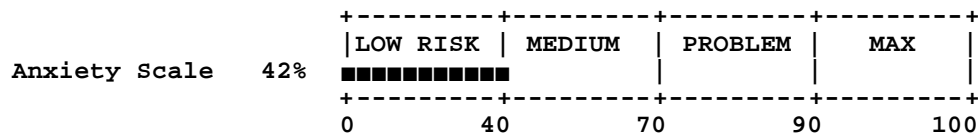


Truthfulness Scale scores at or below the 89th percentile mean that all scale scores are accurate. In contrast, Truthfulness Scale scores at or above the 90th percentile mean all scale scores are invalid or inaccurate. This client's Truthfulness Scale score is set forth above.

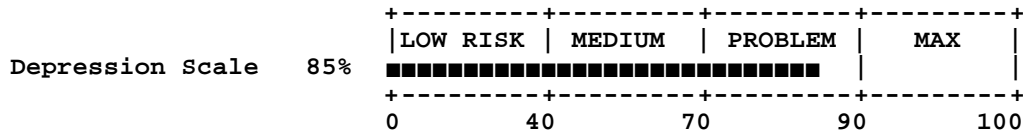


In general, the higher the scale's score the more serious the problem. The 70th percentile is a scale's problem threshold, whereas the 90th percentile is a scale's "severe problem" threshold. Scale scores in the 70th to 89th percentile range are problematic, whereas scale scores in the 90 to 100th percentile range are severe problem scores.

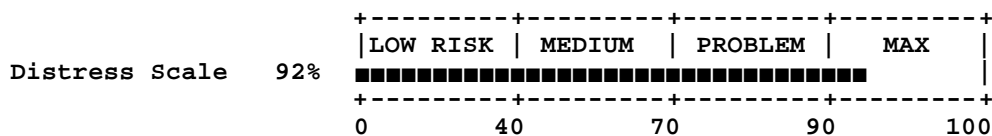
Anxiety Scale: This person's Anxiety Scale score is in the medium (40 to 69th percentile) range. Low-average levels of anxiety, tension or pressure are indicated. For background, in clinical settings anxiety and depression represent the most commonly reported symptoms of distress. In this client's adjustment, anxiety is not a focal issue.



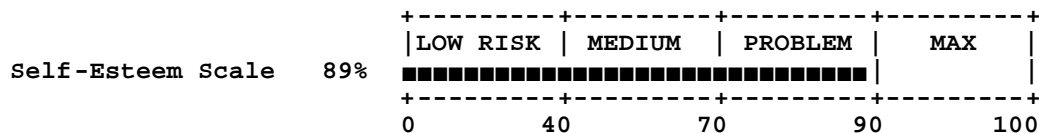
Depression Scale: This individual's Depression Scale score is in the problem (70 to 89th percentile) range. Symptoms of depression are evident. Counseling (individual or group) should be considered. Review other Pre-Post Inventory elevated (70th percentile or higher) scale scores as they could represent co-occurring disorders. Cognitive Behavioral Therapy is popular, however, there are several effective psychotherapies.



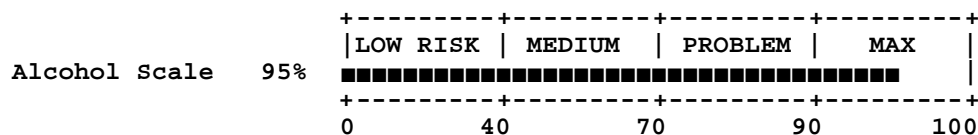
Distress Scale: This individual's Distress Scale score is in the severe (90 to 100th percentile) problem range. This person manifests serious distress and would benefit from assistance. Consider referral to intensive outpatient (individual or group) or inpatient counseling. Review other scale scores for co-occurring disorders. This person needs help.



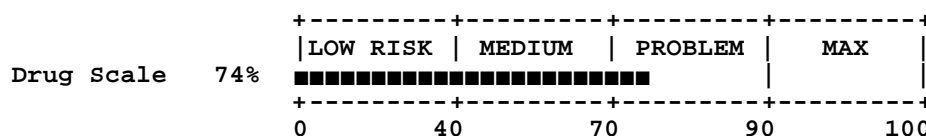
Self-Esteem Scale: This client's Self-Esteem Scale is in the problem (70 to 89th percentile) range. Problem scorers devalue themselves, often feel inadequate and lack self-confidence. This individual has problematic or negative self-esteem. When other scale scores are also elevated (at or above the 70th percentile) self-esteem can become even more negative.



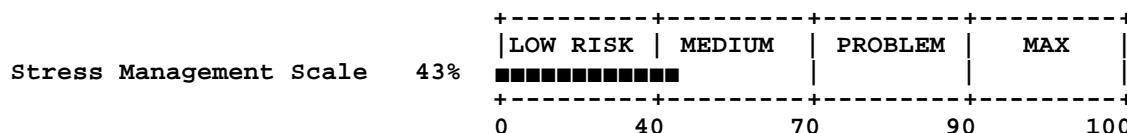
Alcohol Scale: This client's Alcohol Scale score is in the severe problem (90 to 100th percentile) range. Chemical dependency treatment (inpatient or intensive outpatient) is warranted. Alcoholic's Anonymous (AA) meetings might augment but not replace treatment. Check other elevated scale scores for any co-occurring disorders.



Drug Scale: This person's Drug Scale score is in the problem (70 to 89th percentile) range. Drug use and likely abuse are indicated. Check (significant items) if this individual is recovering. If recovering, how long? Outpatient substance abuse counseling (individual or group), augmented (not replaced by) with Narcotics Anonymous (NA) or Cocaine Anonymous (CA) meetings should be considered.



Stress Management Scale: This individual's Stress Management Scale score is in the medium (40 to 69th percentile) range. Medium risk scorers have average stress management abilities. Unmanaged stress or poorly managed stress can exacerbate other mental health problems. Stress management classes or related counseling are not needed at this time.



SIGNIFICANT ITEMS

These answers, with all of their predispositions and biases may help in understanding this client and his situation. "Significant items" are direct admissions or unusual answers to Pre-Post Inventory questions.

ANXIETY

- 123. Often nervous / anxious
- 130. Often unable to relax
- *Only two significant items were selected.

ALCOHOL

- 15. Admits drinking concerns
- 22. Can't stop drinking
- 36. Admits drinking problem
- *Additional Items: #42, 45, 50, 57, 64, 69, 75, 91, 94, 129, 151, 152, 153, 154 and 160.

DEPRESSION

- 5. States frequently depressed
- 17. Recent weight change
- 23. Feels alone & doesn't fit in
- 44. Doesn't have a confidant
- *Additional Items: #85, 92, 95, 113, 127, 145 and 157.

DRUG

- 33. Has lied about drug use
- 67. Concerned about drug use
- 154. Recovering: alcohol & drugs
- *Three significant items were selected.

DISTRESS

- 9. Joyless lifestyle
- 16. Suffering is intolerable
- 20. Suicide ideation
- 26. Last month miserable
- *Additional Items: #29, 55, 59, 139, 149, 150 and 159.

MULTIPLE CHOICE ANSWERS

This client selected the answer that "is most accurate for him" from four possible answers to each question. The selected answer is printed below. There are 18 multiple choice questions.

- 144. In last month depression unchanged
- 145. Rating: problem depression
- 146. In last month anxiety improved
- 147. Rating: some anxiety
- 148. In last month distress unchanged
- 149. Rating: problem distress
- 150. In last month homicidal
- 151. In last month drinking worse
- 152. Severe drinking problem
- 153. Drinks before driving
- 154. Recovering substance abuser
- 155. Not a drug abuser
- 156. Rating: no drug problem
- 157. Depression is a problem
- 158. Anxiety is not a problem
- 159. Distress is a severe problem
- 160. Drinking is a serious problem
- 161. Drugs are not a problem

Anomalies & Outliers

When comparing pretest - posttest scores you should note when the pretest score is at or below the 69th percentile (non-problematic range). Since a pretest problem did not exist, posttest improvement may be hard to come by. Indeed, in this case any below 69th percentile score would likely show little change.

In many testing settings it may be advantageous to "group test" with paper-pencil materials. You can download Pre-Post Inventory test booklets and answer sheets at www.online-testing.com and then photocopy them. If you have any questions call us at 1 (800) 231-2401 or email us at hl@online-testing.com.

COMMENTS AND RECOMMENDATIONS:

use back of this page, as necessary

EVALUATOR'S SIGNATURE

DATE

PRE-POST PRETEST RESPONSES

1 - 50 TFFFTTTTFTT FTTFTTTTFTT FTTTTTFTTF FFTTFTFFFT FTFTTFFFFT
51 - 100 FTFFFTFTFTF FFFFTTTTFTF FTFFTTTTTTF TFFTTTFFFTF TTFTTFTF11
101 - 149 1111221212 1413125141 1434323333 3314141441 4112332232
150 - 161 1423412411 4