Pre-Post Inventory
COMPARISON REPORT

NAME: **Example Report** — **CONFIDENTIAL INFORMATION**
AGE: **44** SEX: **Male** — DATE OF BIRTH: **08/18/1974**
ETHNICITY/RACE: **Caucasian** — MARITAL STATUS: **Single**
EDUCATION/ GRADE: **12** — DATE SCORED: **02/10/2018**

This report directly compares Pre-Post Inventory Pretest and analogous Posttest scale scores. No decision or diagnosis should be based solely upon Pre-Post Inventory Comparison Report results.

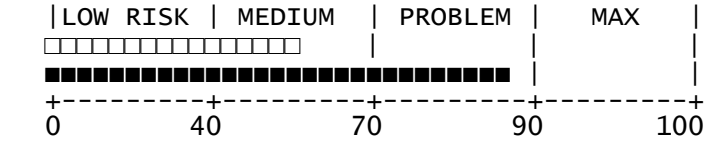
Rationale: The same test is administered twice (pretest and posttest). Pretest results become the baseline for subsequent test administration comparisons. The Comparison Report confirms differences between pretest (baseline) and posttest (second or subsequent test administration) scale scores. The higher the Pre-Post scale score (at or above the 70th percentile), the more serious the area of inquiry becomes. **When a scale's pretest score is higher than its posttest (or ipsative) score, positive change or improvement is corroborated. In contrast, when a scale's pretest score is lower than its analogous posttest score, a negative change has occurred.**

SCALE COMPARISONS

Truthfulness Scale — **Comparison: -31**

This Truthfulness Scale pretest - posttest scale comparison reveals noticeable negative change. This posttest scale score is 31 percent higher than its pretest Truthfulness Scale score. Something happened (disillusionment, trauma, relapse, etc.) that has contributed to this large of a negative change.

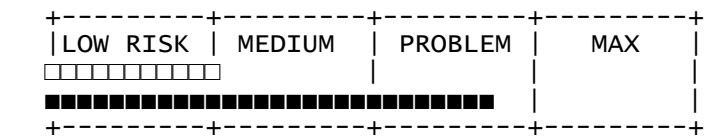
Truthfulness Scale	%ile
PreTest	55
Posttest	86



Anxiety Scale — **Comparison: -42**

This individual's Anxiety Scale pretest - posttest comparison shows negative change. This individual's posttest Anxiety Scale score is 42 percent higher than their comparable pretest scale score. Something is amiss? This person's Anxiety scale score has deteriorated resulting in noticeable negative change.

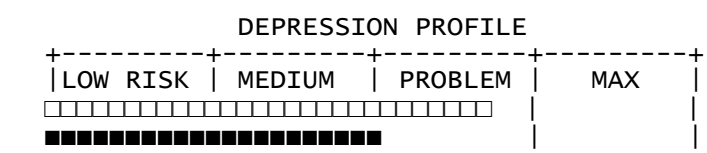
Anxiety Scale	%ile
PreTest	42
Posttest	84



Depression Scale — **Comparison: +14**

This client's Depression Scale pretest - posttest comparison reveals positive change. This individual's posttest Depression Scale score is 14 percent lower than its comparable pretest scale score. Since their pretest screening, this person is less depressed than they were at intake. Positive change or improvement has taken place.

Depression Scale	%ile
PreTest	85
Posttest	71



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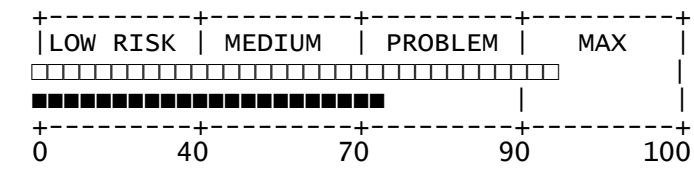
Distress Scale **Comparison: +19**

This person's Distress Scale pretest - posttest comparison shows noticeable improvement. This client's posttest Distress Scale score is 19 percent lower than its comparable pretest scale score, which reflects substantial positive change or improvement.

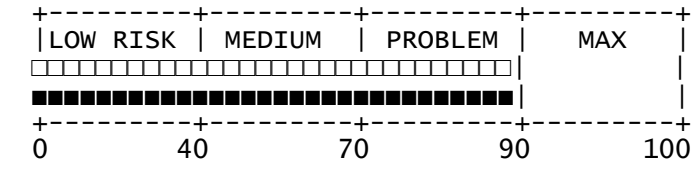
Distress Scale	%ile
PreTest	92
Posttest	73



Self-Esteem Scale **Comparison: +0**

This individual's Self-Esteem pretest - posttest comparison shows little change. This client's pretest and posttest scale scores are within one (+1 or -1) percentage point of each other. If self-esteem was not a treatment plan goal, change would be moot or undetermined.

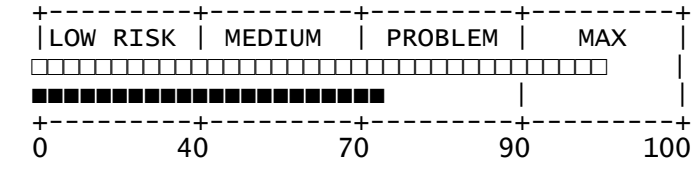
Self-Esteem Scale	%ile
PreTest	89
Posttest	89



Alcohol Scale **Comparison: +22**

This client's Alcohol Scale pretest - posttest comparison reveals improvement. This person's posttest Alcohol Scale score is 22 percent lower than its comparable pretest scale score, which demonstrates positive change. Improvement is impressive and readily apparent.

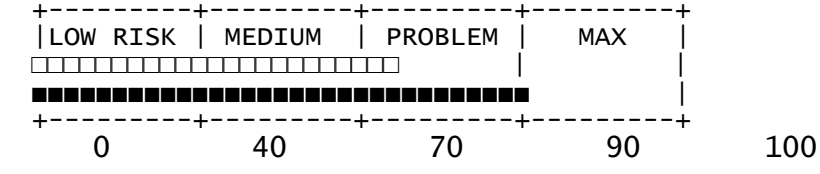
Alcohol Scale	%ile
PreTest	95
Posttest	73



Drug Scale **Comparison: -16**

This individual's Drug Scale pretest - posttest comparison shows a negative shift. This client's posttest Drug Scale score is 16 percent higher than its comparable pretest scale score, which represents a considerable negative change. Has this client relapsed? Something is wrong.

Drug Scale	%ile
PreTest	74
Posttest	90

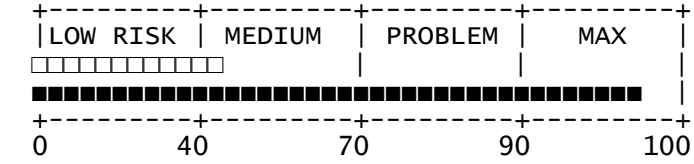


Stress Management Scale **Comparison:** -54

This client's Stress Management Scale pretest - posttest comparison reveals a need for stress management training. This person's posttest Stress Management Scale score is 54 percent higher than its comparable pretest scale score. This individual would likely benefit from stress management training or classes.

Stress Management Scale	%ile
PreTest	43
Posttest	97

STRESS MANAGEMENT PROFILE



SIGNIFICANT ITEMS

These answers, with all of their predispositions and biases may help in understanding this client and his situation. "Significant items" are direct admissions or unusual answers to Pre-Post Inventory questions.

Anxiety Scale Pretest

123. Often nervous / anxious
130. Often unable to relax
*Only two significant items were selected.

Depression Scale Pretest

5. States frequently depressed
17. Recent weight change
23. Feels alone & doesn't fit in
*Additional Items: #44, 85, 92, 95, 113, 127, 145 and 157.

Distress Scale Pretest

9. Joyless lifestyle
16. Suffering is intolerable
20. Suicide ideation
*Additional Items: #26, 29, 55, 59, 139, 149, 150 and 159.

Alcohol Scale Pretest

15. Admits drinking concerns
22. Can't stop drinking
*Additional Items: #36, 42, 45, 50, 57, 64, 69, 75, 91, 94, 129, 151, 152, 153, 154 and 160.

Drug Scale Pretest

33. Has lied about drug use
67. Concerned about drug use
154. Recovering: alcohol & drugs
*Three significant items were selected.

Anxiety Scale Posttest

56. Admits is anxious person
61. Usually anxious
123. Often nervous / anxious
*Additional Items: #126, 130, 143 and 147.

Depression Scale Posttest

5. States frequently depressed
11. Lost interest in activities
17. Recent weight change
*Additional Items: #121, 142 and 145.

Distress Scale Posttest

9. Joyless lifestyle
55. Life isn't worth living
59. States is desperate
*Additional Items: #72, 139 and 149.

Alcohol Scale Posttest

15. Admits drinking concerns
57. Drinking interfered with success
64. Admits has drinking problem
129. Often heavy drinking
152. Drinking a severe problem

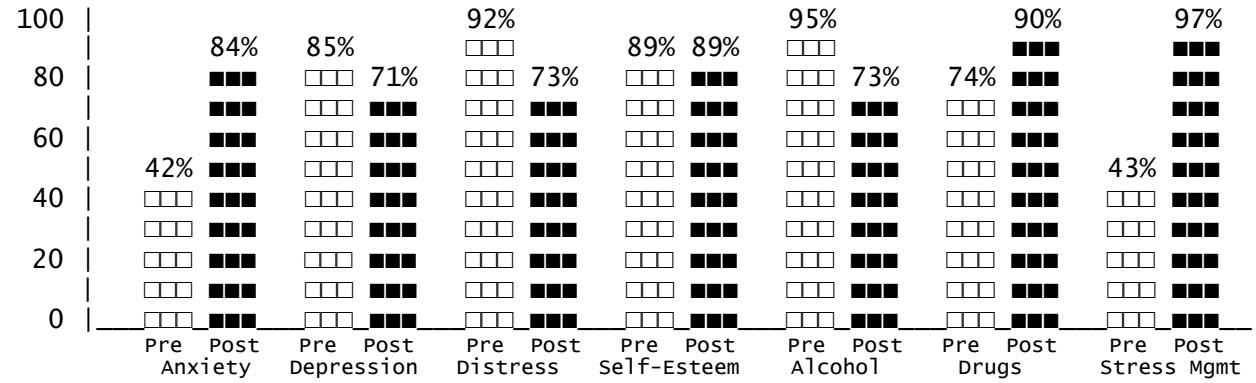
Drug Scale Posttest

12. Used drugs in last 30 days
18. Has felt guilty about drugs
53. Admits drug use and abuse
*Additional Items: #58, 62, 133 and 156.

There are several levels of Pre-Post Inventory scale interpretation when focusing upon analogous scale comparisons. In these instances a test may be viewed as a self-report and attention may be focused upon pretest-posttest scale scores, interpreting analogous scale elevations and understanding scale interrelationships. Overlaying client change can be disconcerting unless attention is judiciously apportioned or divided between client "risk" (pretest) and client "change" (comparison report).

The Pre-Post Inventory Comparison Graph yields a panoramic view of all scale scores and their pre-post comparisons.**When a scale's pretest score is higher than its posttest score positive improvement or change occurred. In contrast, when a scale's pretest score is lower than its posttest score negative change has occurred.**

PRE-POST COMPARISON GRAPH



Anomalies & Outliers

No change or negative pre-post comparison scores could reflect non-treatment. When a patient's treatment plan does not include the problem or disorder represented by an omitted scale, it is likely that such problems/disorders will not be treated. It is recommended that the Pre-Post Inventory be administered as part of treatment intake screening.

COMMENTS AND RECOMMENDATIONS: _____

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_____ _____

EVALUATOR'S SIGNATURE **DATE**

PRE-POST PRETEST RESPONSES

1 - 50 TFTFTTTFTT FTTFTTTFTT FTTTTTFTTF FFTTFTFFFT FTFTTFFFFT
51 - 100 FTFFTFTFTF FFFTFTTFTF FTFFTFFFFF TFFTTFFFTF TTFTTFTF11
101 - 149 1111221212 1413125141 1434323333 3314141441 4112332232
150 - 161 1423412411 4

PRE-POST POSTTEST RESPONSES

1 - 50 TFFFTFTFTF TFTFTFTTFF FFFFFFFFFF FFFFFFFFFF FFFFFFFFFF
51 - 100 FFTTTTTTTT TTTTFFFFFF FFFFFFFFFF FFFFFFFFFF FFFFFFF23
101 - 149 2323223235 5552323212 3432432434 2444444444 4444444444
150 - 161 4444444444 4

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